

WHAT IS CLAIMED IS:

- 1 1. A combination snowboard, binding and mount comprising:
2 a. a snowboard having a center-line wherein said
3 snowboard has a channel longitudinally extending along
4 said center-line;
5 b. a rail disposed in said channel and fixedly
6 coupled thereto wherein said rail is a flexible member
7 and has a key-slot and two series of parallel notches;
8 c. a binding base plate disposed on said snowboard;
9 d. a disc being rotatably coupled to said binding base
10 plate; and
11 e. a locking mechanism securely coupling said rail to
12 said disc.